



GSR News Coffee Hour Recap

I am responsible. When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there. And for that, I am responsible.

What's Roasting?

Happy Holidays, Area 50!

Your Source for Inspiration, News,
and Connection in Recovery
Winter Edition | 2024

Dear Friends,

As the year comes to its end, we are reminded of the strength we find in one another through shared stories, challenges, and triumphs. Whether you're new to the program or have many 24 hours behind you, this fellowship thrives because of you. Let's carry the message of recovery into the new year, one day at a time. Being of service to others, as a GSR and as a sober member of Alcoholics Anonymous, keeps this program alive. During the upcoming holiday season, there are many ways to show up for others in the program and the still sick and suffering. Thank you for your service.

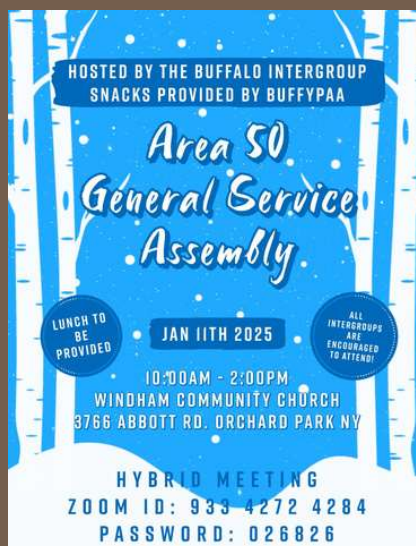
In gratitude,
Amanda B, Amanda C, Emma K
GSR Orientation Committee

Coming Up:



Next Coffee Hour

January 2, 2025
Mtg ID: 893 0573 5161
Passcode: 356695



Area 50 Kickoff General Service Assembly

January 11, 2025
Hosted by
Buffalo Intergroup
<Hybrid>

www.area50wny.org



During our NOVEMBER GSR Virtual Coffee Hour, we discussed the function and importance of an Ad-hoc Committee. Some examples of ad-hoc committees within Area 50 include the following:

*Area Inventory ad-hoc committee which developed 'A Vision From You', a suggested plan for continued spiritual growth in Area 50. All responses submitted by the Fellowship were incorporated into the proposed plan.

*Area 50 Facebook Group ad-hoc committee was generated to put some processes and procedures into place that would foster healthy and continuous monitoring/admin of this tool, new to Area 50.

*Area 50 is currently building a new ad-hoc committee to focus on the Communication goals of Area 50. Anyone interested in participating can reach out to p74webchair@area50wny.org.

In November, we also reviewed the essential roles of our two secretaries in Area 50. Patrick L, Panel 74 Corresponding Secretary, shared his experience, strength and hope with all Coffee Hour attendees. He defined his role and how it differs from Alayna P's role as Panel 74 Secretary. Together, these dedicated members of Alcoholics Anonymous keep us informed and accountable to reporting and sharing the news relevant to Area 50. Thank you, both!

During our DECEMBER GSR Virtual Coffee Hour, we discussed the purpose and suggestions for conducting a Group Inventory at the home group level. All roads led back to our 12 Traditions and to General Service. We heard from sober members of AA who participated in the Lakeshore Group's inventory process, which proved to be effective in meeting their goals to increase attendance and active participation in their monthly business meetings. Thank you for the inspiring and practical example on how a home group can align themselves with AA's 12 Traditions.

Many groups periodically hold a 'group inventory meeting' to evaluate how well they are fulfilling their primary purpose (Tradition 5).

Quotes from our pamphlet: The Twelve Traditions Illustrated

"THEN WE LOOK CLOSER - AND FIND THAT THE TRADITIONS ARE NOT RULES - AND THEY ARE NOT JUST FOR OFFICERS. THEY HAVE DEEP MEANING FOR EACH OF US, AS THE TWELVE STEPS DO."

"OUR TRADITIONS ARE A GUIDE TO BETTER WAYS OF WORKING AND LIVING AND THEY ARE TO GROUP SURVIVAL WHAT AA'S TWELVE STEPS ARE TO EACH MEMBER'S SOBRIETY AND PEACE OF MIND."

Delegate's News

<https://area50wny.org/delegates-news/>

- GSO Resources

<https://www.aa.org/the-aa-group>