



A Declaration of Unity

**This we owe to A.A.'s future;
to place our common welfare first;
to keep our Fellowship united.
For on A.A. unity depend our lives,
and the lives of those to come.**



A large, dark brown silhouette of a coffee cup on the left side of the image. Inside the cup, the text "Area 50, Panel 74 Presents..." is written in a white, sans-serif font. Below the cup, there is a pile of brown coffee beans. To the right of the cup, the words "Virtual Coffee Hour" are written in a large, white, cursive font. On the far right, there is a small illustration of a coffee branch with leaves and berries, and a small white coffee cup on a saucer with steam rising from it, set against a dark brown background.

Area 50, Panel 74 Presents...

G.S.R. Resources

*Virtual
Coffee
Hour*





NEW ZOOM INFO

STARTING IN DECEMBER!

Meeting ID: 893 0573 5161
Passcode: 356695

Join Zoom Meeting: <https://us06web.zoom.us/j/89305735161?pwd=2SwjOdcRadPUXptdfqEYLTkVydTAVr.1>

**UPDATED ON AREA 50 WEBSITE*

**NEW FLYER TO COME*

**EMAIL TO GSR'S ON OUR MAILING LIST*





Topic of the Month.... Season of Growth & Change!

- New opportunity to be of service
- Communication: Key to Change in AA
- Literature Update



Willingness to Grow

GRATITUDE



SERVICE

Inspiration
Duty
Action

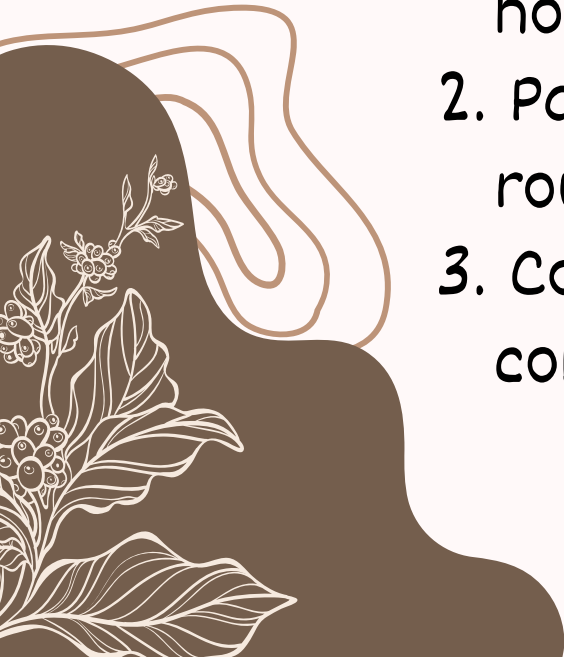




GSR's in Action

COMMUNICATION

1. Show up with your home group's voice
2. Participate in the roundtables
3. Consider joining ad-hoc committees



Area 50 General Service Assembly

**SATURDAY NOVEMBER 9TH
10 A.M. -2 P.M.**

- Coffee and Refreshments
- Lunch
- Area Business Meeting with Service Committee and District Reports
- Roundtables and Discussion
- Fellowship

Hosted by District 16

Wayside Church
5017 Lakeshore Road
Hamburg, NY 14075

Online: 993 4272 4284
password: 026826





What is an ad-hoc committee?

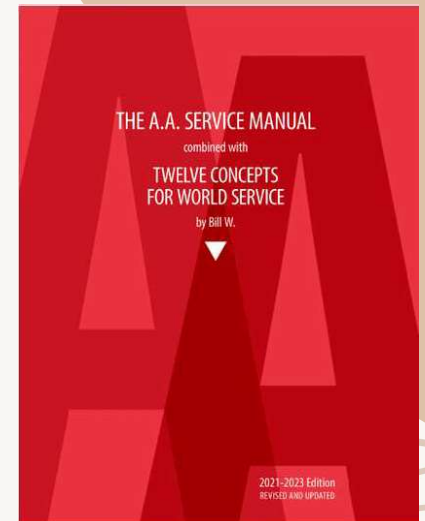
Definition from the Glossary of the AA Service Manual

Ad hoc committee – A committee established on a temporary or short-term basis to accomplish specific tasks not easily provided for elsewhere in the committee system. Each ad hoc committee has a particular goal to achieve or product to provide to its initiating body; when its task is completed, the committee is dismissed.

Examples of Ad Hoc Magic:

- *A Vision From You
- *Area 50 Facebook Page

- *Area 50 Handbook
- *Secretarial Roles (tba)





MEET YOUR SECRETARIES

Area 50, Panel 74

**Alayna P – Secretary
&
Patrick L – Corresponding Secretary**



- CURRENT ROLES
- HOW AD HOC COMMITTEE MAY INFLUENCE POSITIONS
- TIPS FOR EFFECTIVE COMMUNICATION

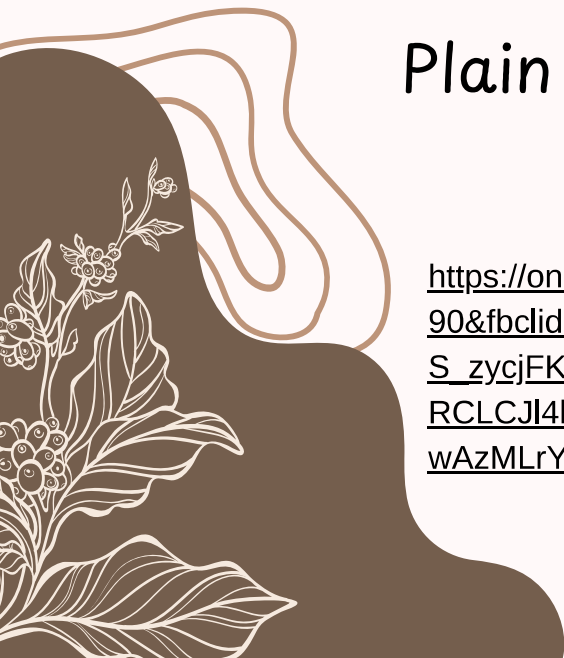




Announcements!

Plain Language Big Book Available Now!

https://onlineliterature.aa.org/search?keywords=B-90&fbclid=IwY2xjawGYzYlleHRuA2FlbQlXMqABHS_zycjFKfSGbXsYB1ZtrHl2xFOUSCSQd394YKHlRCLCJl4bOV87Dm6GDw_aem_3aXEI-Zjh-wAzMLrYoq2YA



Announcing: a new book from AAWS on sale November 1, 2024

PLAIN LANGUAGE BIG BOOK

A Tool for Reading
Alcoholics Anonymous

This is A.A. General Service Conference-approved literature

The *Plain Language Big Book* is a tool to help readers understand the book *Alcoholics Anonymous*, which was first published in 1939. This new book is designed so that the A.A. Twelve Step program of recovery from alcoholism may be easily understood and accessible by all people who have a desire to stop drinking.

Members of A.A. fondly call the original book *Alcoholics Anonymous* "the Big Book." It is the basic text of the A.A. program. The *Plain Language Big Book* has been written to present the original ideas and same spiritual message of the Big Book, *Alcoholics Anonymous*.

This new text is not intended to replace the much beloved Big Book. Rather, the *Plain Language Big Book* is a book crafted over several years by A.A. members and publishing professionals to support alcoholics on the path to recovery. The book is intended to help people who have a problem with alcohol gain access to A.A.'s lifesaving message.

For years, A.A. members have expressed a need for a *Plain Language Big Book*. Based on the shared experience of A.A. members, some people may not have regular contact with other A.A. members to help them understand the A.A. program of recovery and the specific vocabulary as it is used throughout the original book *Alcoholics Anonymous*. Other people have a hard time reading, especially books that were written long ago. This *Plain Language Big Book* is written in simpler language to support readers in their recovery.

This book is published in accordance with Advisory Actions passed by substantial unanimity of the General Service Conference (GSC) of Alcoholics Anonymous. In 2021, the 71st GSC advised that this book be developed. Progress reports, then sample chapters were reviewed at the 72nd and 73rd GSCs. The final draft of the *Plain Language Big Book* was reviewed and approved by substantial unanimity at the 74th GSC, in April 2024. This process and outcome adopts this text as Conference Approved Literature.

The *Plain Language Big Book* covers the core content of what is the "abridged version" (the edition without personal stories) of the original Big Book.

Readers are also encouraged to seek out the current edition of the book *Alcoholics Anonymous* and meet with A.A. members to support their own individual paths of recovery from alcoholism.

The *Plain Language Big Book* is A.A. General Service Conference-approved literature.

PLAIN LANGUAGE BIG BOOK: A Tool for Reading *Alcoholics Anonymous*

- Publication (on-sale) date: November 1, 2024
- List Price \$11.
- Item B-90
- 192 pages; 8 1/2" x 11"
- Softcover format with flaps



Coming Up...!

National / International Native American Indian Alcoholics Anonymous Convention!

Info:

<https://www.nai-aa.com/>

When:

November 7-10th

Where:

Sheraton Niagara Falls
300 3rd Street
Niagara Falls, NY 14303



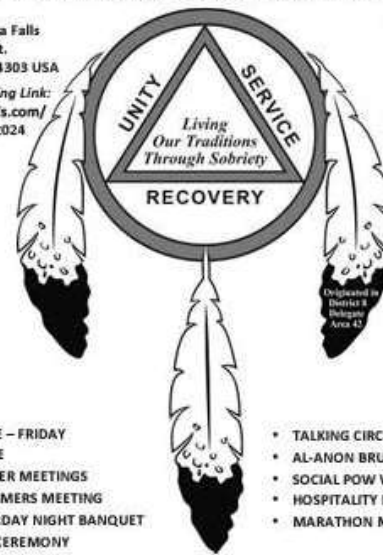
34th ANNUAL NATIONAL/INTERNATIONAL NATIVE AMERICAN INDIAN ALCOHOLICS ANONYMOUS CONVENTION

November 7-10 2024

The sole purpose of this convention is to carry the message of Alcoholics Anonymous to the Native American Indian, who still suffer from Alcoholism.

This is an AA Convention – All AA Members Are Welcome

Sheraton Niagara Falls
300 Third St.
Niagara Falls, NY 14303 USA
Hotel Room Booking Link:
[sheratonatthefalls.com/
group/nai-aa2024](https://sheratonatthefalls.com/group/nai-aa2024)



Hotel Reservations:
716-285-3361
Group Code:
NA4975

*All hotel reservations
must be made
by Tuesday,
October 15th, 2024

**SOCIAL
POW WOW**
Saturday
11/09/24
7:30PM

- DANCE – FRIDAY
- RAFFLE
- SPEAKER MEETINGS
- OLD TIMERS MEETING
- SATURDAY NIGHT BANQUET
- FLAG CEREMONY

- TALKING CIRCLES
- AL-ANON BRUNCH
- SOCIAL POW WOW
- HOSPITALITY ROOM
- MARATHON MEETINGS

www.nai-aa.com

Coming Up....!

17th Annual Cataract City Convention "Humility – Tradition 12"

What:

Niagara Intergroup of AA

Info:

<https://niagarafallsnyaaameetings.com/convention>

When:

March 14-16, 2025

Where:

Sheraton at the Falls
300 Third St, Niagara Falls



**MARCH 14-16
2025**
Sheraton at the Falls
300 Third Street
Niagara Falls, NY 14303
Opens Friday @ 2pm

**17th ANNUAL
CATARACT CITY CONVENTION**

**HUMILITY
TRADITION 12**

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

CONVENTION FEATURES

- 6 SPEAKERS + 5 PANELS THROUGHOUT WEEKEND
- FRIDAY EARLY BIRD SPEAKER 4pm: Mike K.
- SATURDAY NIGHT BANQUET AND DANCE
- ARCHIVE DISPLAY, RAFFLES + MUGS FOR SALE
- AL-ANON PARTICIPATION

HOTEL ROOM INFORMATION

CONVENTION RATE: \$109/ NIGHT (STANDARD RM.) EXCL. TAXES AND FEES.
RATE CUT OFF DATE 02/21/25

RESERVATION LIASON @ HOTEL: ASHLEY KINNEY (716) 278-2695

ONLINE RESERVATION PREFERRED:
www.sheratonatthefalls.com/group/cataractcityconvention2025

There are no refunds. One Form per Person. For questions or special needs contact Alan T. @ 716-345-0230 (Registration Chair) or Steve P. @ 716-944-0428 (Co-Chair). Make checks payable to Cataract City Convention (US funds only) and mail to: P.O. Box 734, Niagara Falls, NY, 14304.

	AA	Al-Anon	Alateen
Registration + Banquet:	☐ \$75	☐ \$75	☐ \$60
Registration ONLY:	☐ \$30	☐ \$30	☐ \$15
Banquet ONLY:	☐ \$45	☐ \$45	☐ \$45
Souvenir Mug:	☐ \$5	☐ \$5	☐ \$5
TOTAL:	\$	\$	\$

NAME ON BADGE: _____

FIRST NAME: _____ LAST NAME: _____

EMAIL: _____ PHONE: _____

REGISTRATION INFORMATION

USE FORM OR QR CODE BELOW

Pre-Regist. Deadline for Dinner is February 26, 2025.





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I Am Responsible...

When anyone, anywhere,
reaches out for help,
I want the hand of A.A.
always to be there.
And for that: I am responsible.



Thank You!

**Questions? Concerns?
Comments?
Email us!**

p74gsrorientation@area5Owny.org





Coffee Hour ISO



*If you feel inspired to help with keeping the Coffee Hours exciting and well rounded, please contact Amanda B to discuss interest to join the committee.

*If you have a sponsee who is looking for a way to be introduced to General Service, this is a fun way to do so!

e: p74gsrorientation@area50wny.org
p: 716-807-5846

