



A Declaration of Unity

**This we owe to A.A.'s future;
to place our common welfare first;
to keep our Fellowship united.
For on A.A. unity depend our lives,
and the lives of those to come.**

Area 50, Panel 74 Presents...

G.S.R. Resources



Virtual
Coffee
Hour

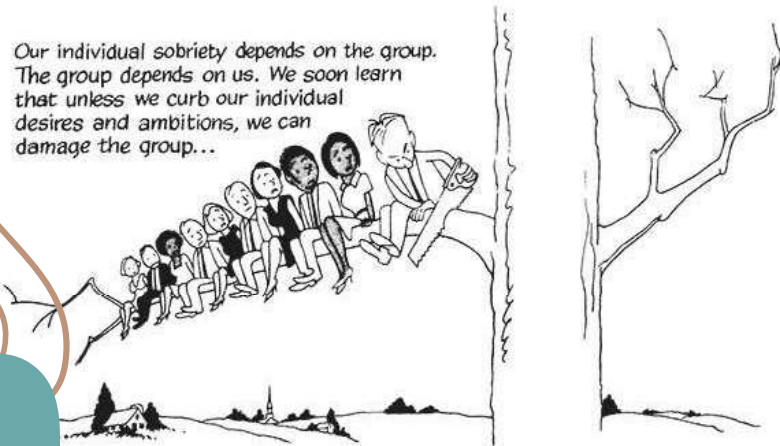


The First Tradition

Our common welfare should come first; personal recovery depends upon A.A. unity.



Our individual sobriety depends on the group. The group depends on us. We soon learn that unless we curb our individual desires and ambitions, we can damage the group...



TRADITION OF THE MONTH

Principle: Unity

One of AA's
Three Legacies



Topic of the Month...

UNITY

- Collective strength and commitment
- We are all united in our Primary Purpose of carrying the message of hope and recovery to the still suffering alcoholic
- Mutual support between the GSO and the Members of AA
- A GSR is important to maintaining unity by ensuring that their group's voice is heard and considered in broader decisions
- The AA Declaration of Unity was adopted in 1970 at the AA's 35th Anniversary International Convention in Miami Beach, FL.
- The Declaration is a reminder that unity can protect people during difficult times and help them grow together.





Break it down!

A DECLARATION OF UNITY



This we owe to AA's future;
To place our common welfare first;
To keep our fellowship united.
For on A.A. unity depend our lives'
And the lives of those to come.

The Essence of the AA Declaration of Unity

- Common Welfare Over Individualism: The declaration highlights the idea that the *health and continuity of the group override individual interests*. This emphasis ensures that the collective good is always the focus.
- The Imperative of Unity: AA doesn't just view unity as a nice-to-have; it's deemed crucial. By championing mutual support, *the group creates a network* of shared strength, which is the foundation of recovery.
- A Matter of Life: There's an inherent seriousness in the declaration. By directly addressing the *life-and-death stakes of alcoholism*, it magnifies the weight of its mission, pushing members towards collective responsibility.





Unity & Recovery



Strength in Numbers

When one falters, there's a group to hold them up. The collective acts as a safety net, catching individuals during their moments of weakness.

Shared Wisdom

Every AA member brings unique experiences to the table. This mix of stories, lessons, and insights serves as a rich bank of wisdom, helping members navigate their recovery paths.

Accountability

A united group fosters mutual responsibility. When one sees their peers forging ahead, it acts as motivation, urging them to uphold their commitment to sobriety.



The background is a light blue gradient with scattered white snowflakes and dark green evergreen trees. Two white rectangular cards are pinned to the background. The card on the left shows a group of ten colorful stick figures holding hands in a circle. The card on the right shows a row of seven colorful stick figures holding hands. The text is centered in the middle of the image.

How Members See Unity

Unity is a fundamental concept that represents the strong bond between members and sense of belonging.

Slogans to Encourage Unity

Accountability/Responsibility

Being a Part of/Togetherness

Common Bond we Share

Shared Wisdom

The Spirit that Joins

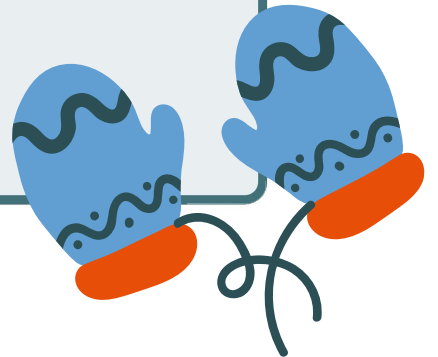
Strength in Numbers

Our most precious possession for AA Future

Without Unity, AA Dies

Recap

Unity is a crucial part of AA's approach because it emphasizes that recovery is not a solo journey, members rely on each other for support, encouragement and shared experiences.





Announcements!





Coming Up...!

2025 Kickoff General Service Assembly

Info:

<https://area5Owny.org/events/event/2025-kickoff-general-service-assembly/>

When:

January 11, 2025
9:30a-2p

Where:

Windom Community Church
3766 Abbott Rd, Orchard Park, NY 14127

HOSTED BY
BUFFALO
INTERGROUP!

HOSTED BY THE BUFFALO INTERGROUP
SNACKS PROVIDED BY BUFFYPAA

Area 50 General Service Assembly

LUNCH TO
BE
PROVIDED

JAN 11TH 2025

ALL
INTERGROUPS
ARE
ENCOURAGED
TO ATTEND!

10:00AM - 2:00PM
WINDHAM COMMUNITY CHURCH
3766 ABBOTT RD. ORCHARD PARK NY

HYBRID MEETING
ZOOM ID: 933 4272 4284
PASSWORD: 026826



Coming Up...!

Design for Living Meeting (in Spanish with AA Approved Literature)

Info:

Contact Ivan O @ 716-308-4775

When:

Fridays, 1-2p

Where:

BestSelf, 951 Niagara St, Buffalo, NY 14213



Diseno Para Vivir Reunion du
Alcoholics Anonimos
En Espanol
con Literatura Aprobada
por A.A.

Viernes 1-2pm
951 Niagra St

BestSelf
Behavioral Health

Contact:
Ivan O. 716-308-4775



Coming Up...!

Women's Winter Retreat: Surrender is Key

Info:

<https://niagarafallsnyaameetings.com/event/womens-retreat-surrender-is-the-key>

When:

January 25, 2025

Where:

1110 Ward Rd, North Tonawanda, NY 14120



“SURRENDER IS THE KEY”

Women's Winter Retreat

Saturday, January 25, 2025

Chair: Pat K 716-622-7858 Co-Chair: Ruthie 716-906-0630

Gratwick Fire Company #6

1110 Ward Road

North Tonawanda NY 14120



***** Early Bird Registration \$25 until December 1, 2024 \$35.00 as of December 2, 2024 *****

Registration accepted until 1/15/2025 or sold out. (Max 125 attendees)

Registration / Breakfast 8:30am-9:30am First Speaker at 9:45am
Breakfast – Lunch – Snacks – Coffee – Water

Basket Raffles and 50/50 Raffles

Please bring cash for the Basket Raffle and 50/50 (no ATM on premises)

Mail the Registration form and your payment in the amount of \$25.00 up to 12/1/24 or \$35.00 after (Non-Refundable) to: **Debra Cotterell 690 Heim Road Getzville, NY 14068**

Checks/Money Order Payable to: **Women's Winter Retreat**

REGISTRATION FORM

Name: _____ Telephone: _____

Sobriety Date: _____ Home Group: _____

I would like to: ☐ Speak ☐ Donate a Basket for the Raffle

Would you like to donate to our Scholarship fund? \$_____ (please remit with your payment)

Contact name & telephone number in case of emergency: _____

This Retreat is given by AA Women for AA women



Coming Up...!

International Women's Conference – San Diego

Info:

<https://internationalwomensconference.org/>

When:

January 30 – February 2, 2025

Where:

Manchester Grand Hyatt San Diego
& ONLINE



INTERNATIONAL WOMEN'S CONFERENCE

IN PERSON & ONLINE PROGRAM



61ST INTERNATIONAL WOMEN'S CONFERENCE
SAN DIEGO, CA | JANUARY 30TH - FEBRUARY 2ND, 2025

You can register here: In person, \$70.00 (USD)
and online, \$15.00 (USD)

<https://internationalwomensconference.org/registration-form-2025/>

Speaker, Marathon, and Panel Meetings!!
Hospitality Room – Fun, Games, Yoga, Meditation

Questions – onlineiwc61@gmail.com



Coming Up...!

Bizzard Ball

Info:

Taralynn J or Debbie have info on purchasing tickets

When:

February 8, 2025
6:30p-?

Where:

Classics V, Niagara Falls Blvd, Amherst, NY

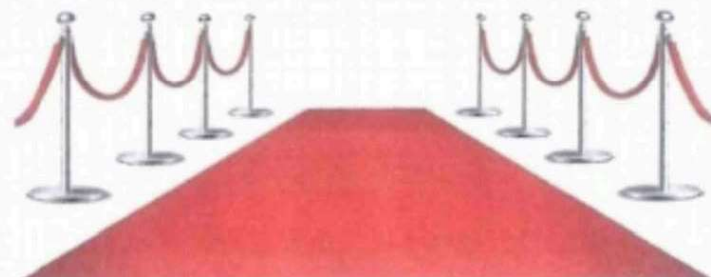
SAVE THE DATE

ANY AGE GROUP
PRESENTS

HOLLYWOOD RED CARPET BLIZZARD BALL
SATURDAY, FEBRUARY 8, 2025

CLASSICS V
NIAGARA FALLS BOULEVARD, AMHERST, NY

DOORS OPEN AT 6:30 PM, DINNER AT 7:00 PM
SPEAKER AT 8:00 PM, DANCING AT 9:00 PM
TICKETS \$35.00/PERSON
LIMITED TO 140 TICKETS





Coming Up...!

SoberJam WNY

Info:

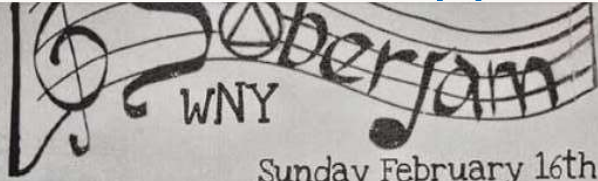
<https://niagarafallsnyaameetings.com/event/sober-jam-winter-2025>

When:

February 16, 2025
1-7p

Where:

The Hope Center, 781 Maple Road, Amherst, NY



Sunday February 16th
1:00pm to 7:00pm
AA Speaker @ 4:00 pm

The Hope Center
781 Maple Road
Amherst, NY

- +Giant 50/50
- +SoberJam T-Shirts
- +Kid Friendly
- +Bands Welcome
- +Bring a dish to share

Sponsored by Thankful Heart

Contact Matt N. To get involved or
to schedule performances

Facebook @ SoberJam WNY

Coming Up...!

17th Annual Cataract City Convention "Humility – Tradition 12"

What:
Niagara Intergroup of AA

Info:
<https://niagarafallsnyaameetings.com/convention>

When:
March 14-16, 2025

Where:
Sheraton at the Falls
300 Third St, Niagara Falls



**MARCH 14-16
2025**
Sheraton at the Falls
300 Third Street
Niagara Falls, NY 14303
Opens Friday @ 2pm

**17th ANNUAL
CATARACT CITY CONVENTION**

**HUMILITY
TRADITION 12**

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

CONVENTION FEATURES

- 6 SPEAKERS + 5 PANELS THROUGHOUT WEEKEND
- FRIDAY EARLY BIRD SPEAKER 4pm: Mike K.
- SATURDAY NIGHT BANQUET AND DANCE
- ARCHIVE DISPLAY, RAFFLES + MUGS FOR SALE
- AL-ANON PARTICIPATION

HOTEL ROOM INFORMATION

CONVENTION RATE: \$109/ NIGHT (STANDARD RM.) EXCL. TAXES AND FEES.
RATE CUT OFF DATE 02/21/25

RESERVATION LIASON @ HOTEL: ASHLEY KINNEY (716) 278-2695

ONLINE RESERVATION PREFERRED:
www.sheratonatthefalls.com/group/cataractcityconvention2025

There are no refunds. One Form per Person. For questions or special needs contact Alan T. @ 716-345-0230 (Registration Chair) or Steve P. @ 716-944-0428 (Co-Chair). Make checks payable to Cataract City Convention (US funds only) and mail to: P.O. Box 734, Niagara Falls, NY, 14304.

	AA	Al-Anon	Alateen
Registration + Banquet:	☐ \$75	☐ \$75	☐ \$60
Registration ONLY:	☐ \$30	☐ \$30	☐ \$15
Banquet ONLY:	☐ \$45	☐ \$45	☐ \$45
Souvenir Mug:	☐ \$5	☐ \$5	☐ \$5
TOTAL:	\$	\$	\$

NAME ON BADGE: _____

FIRST NAME: _____ LAST NAME: _____

EMAIL: _____ PHONE: _____

REGISTRATION INFORMATION

USE FORM OR QR CODE BELOW

Pre-Regist. Deadline for Dinner is February 26, 2025.





I Am Responsible...

When anyone, anywhere,
reaches out for help,
I want the hand of A.A.
always to be there.
And for that: I am responsible.



Thank You!

**Questions? Concerns?
Comments?
Email us!**

p74gsrorientation@area5Owny.org

